

Latthe Education Society's

Smt. Gangabai Khivaraj Ghodawat Kanya

Mahavidyalaya, (Arts & Commerce), Jaysingpur-416 101

NAAC Grade: 'B' (2.50 CGPA)

Shirol -Wadi Road, Jaysingpur Prin. Dr. G. J. Fagare

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Outward no-Sgkgkmi/

Date

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Report On

Celebration of International Day of Yoga

Place Date & Time Ujjwala Vinodbhau Ghodawat Hall

21/06/2019, 7.30 am

On the occasion of 'International Yoga Day', our college celebrated Yoga Day. All the students, teachers and administrative staff participated in it. Yoga expert Mrs. Pramila Maheshwari madam guided to the students and inculcated the value of Yoga. Even the students from deptt. of Gymkhana, NSS and NCC were participated in the yoga exercises.

Maheshwari madam delivered talk on the importance of Yoga in daily life. She insisted that yoga should be the integral part of our life to avoid physical weakness. She also told that Yoga gives Spiritual and mental power to the human being. Principal Dr. G. J. Fagare, and all the faculty members were participated in the activities of Yoga.



(Dr.G.J. Fagare) Principal